

## Updates

## Description



### [Copyright Notice](#)

IMPORTANT NOTICE Contents © Oliver Murray of Gladsmuir Limited T/A CaptureTrain 2022  
© 2026 All Rights Reserved This presentation and the online training notes manual are  
protected by Irish, U.K., and International copyright laws. Reproduction and distribution of the  
presentation or any element contained in it without the written permission of the creators is  
prohibited. [Read more: Copyright Notice](#)

### Author

oliman54